



# Utah Mental Health and Other Resources for the Deaf and Hard of Hearing

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The Div. of Services to the Deaf and Hard of Hearing (DSDHH), the State of Utah, does not endorse nor recommend any vendor or service on this list. The purpose of this list is for information only. Consumers are encouraged to investigate their options when arranging for service. DSDHH is not liable for any misconduct or outcomes resulting from services provided by these professionals.

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<b>LCSW</b>	Licensed Clinical Social Worker	<b>CMHC</b>	Clinical Mental Health Counselor
<b>CRC</b>	Certified Rehabilitation Counselor	<b>MSW</b>	Master of Social Work
<b>LVRC</b>	License Vocational Rehabilitation Counselor	<b>CM</b>	Case Management
<b>ACMHC</b>	Associate Clinincal Mental Health Counselor	<b>APC</b>	Associate Professional Counselor
<b>CSW</b>	Certified Social Worker		

[deafservices.utah.gov](http://deafservices.utah.gov)

\*Please check for updated listings\*    Complied by Division of Services of the Deaf and Hard of Hearing



For more information and to request ADA accommodations, contact 801-657-5200.  
 DSDHH is a part of the Department of Workforce Services, Utah State Office of Rehabilitation.  
*Equal Opportunity Employer/Program*



# Counselors who use Sign Language

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**Agency** **Amethyst Center for Healing, Inc**

**Speciality** Eye Movement, Desensitization, Reprocessing Therapy (EMDR), Trauma, Depression, Anxiety, Domestic Violence Treatment (Survivors & Offenders), Grief, Stress Management, Addiction and Recovery, Conflict Resolution, Telehealth through a HIPPA compliant app, and Court Approved

**Type of Therapy** Individual, Couple, Family, Group

**Cost of Treatment** Select, BXBS, Cigna, Aetna, Tricare, and others (UHC with preapproval)

**Website** [amethystcenterforhealing.com](http://amethystcenterforhealing.com)

**Address** 1104 Ashton Ave, Ste 212  
Salt Lake City, UT 84106

Name	Hours	Phone	Email
Jana C. Fulmer, CMHC, NCC	Call to set up an appointment or to get more information.	801.467.2863 v	<a href="mailto:info@amethyst4healing.org">info@amethyst4healing.org</a> <a href="mailto:jana@amethyst4healing.org">jana@amethyst4healing.org</a>

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**Agency** **Aspen Therapy**

**Speciality** Trauma (PTSD), Anxiety, Depression, Emotional Deregulation, Autism (social skills), Self-Esteem, Parent-Child Problems, Relational/Marital Problems, Early Release Missionaries, Women's Issues, and Same Gender Attraction

**Type of Therapy** Individual (including children), Couple, Family,

**Cost of Treatment** Accept most insurance plans, Church fundings, see website for more details

**Website** [Aspen-Therapy.com](http://Aspen-Therapy.com)

**Address** 3707 North Canyon Rd  
Building # 8  
Provo, Ut 84604

Name	Hours	Phone	Email
Casey Wood, CSW	Monday, Wednesday, Friday 9 - 3 PM Tuesday & Thursday 6 - 8 PM	801.225.3111 v	<a href="mailto:Caseyw.lcsw@gmail.com">Caseyw.lcsw@gmail.com</a>

**Agency** **The Connecting Place Counseling Center**

**Speciality** Behavior/Anger Management, Parenting Class, Anxiety, Depression, Bi-Polar, and Pornography Addiction

**Type of Therapy** Individual, Couple, Family, Blended Family

**Cost of Treatment** Accept most insurance plans, Church fundings, Cash

**Website**

**Address** 3375 Mayflower Way #A  
Lehi, UT 84043

Name	Hours	Phone	Email
Dustin M. Bassett, LCSW, NIC-M	Fridays 7 – 5 PM	801.331.5219 VP 801.768.1725 V 888.891.8164 F	theconnectingplace@gmail.com

**Agency** **Counseling and Treatment Center of Utah**

**Speciality** Depression, Bereavement, Social and Behavioral Issues, Addictions, Suicidal Tendencies, Personality Disorder, PTSD, and Spiritual Issues

**Type of Therapy** Individual (including adolescence), Couple

**Cost of Treatment** No insurance accepted at this time. Office appointment is \$120, but if paid by cash it will be discounted/reduced to \$80.

**Website** ctcofutah.com

**Address** 1220 North Main Street #4  
Springville, Utah

Name	Hours	Phone	Email
Paul Ruth, ACMHC	Monday – Friday 6 PM – 10 PM Saturdays 12 - 9 PM	801.701.7277 VP 801.804.1028 V 801.623.7538 CELL/ TEXT	paul@ctcofutah.com

**Agency** **Ignite Change**

**Speciality** Depression, Anxiety, Self-Esteem Issues, Compulsive Behaviors, Relationship Concerns, Addictions, or thoughts and feelings related to suicide

**Type of Therapy** Individual, Couple, Family, Teens

**Cost of Treatment** Cigna, Regence, Blue Cross/Blue Shield, United Health Care, EMI DMBA, Medicaid (call for information), Select Health (call for information), church funding

**Website** [ignitingthechange.com](http://ignitingthechange.com)

**Address** 179 North 1200 East  
Suite 101  
Lehi, UT 84043

Name	Hours	Phone	Email
<b>Jim Macedone,</b> CMHC INTERN	<b>by appointment only</b>	801.806-4878 V/TEXT	<a href="mailto:jim@ignitethechange.com">jim@ignitethechange.com</a> <a href="mailto:cmhcjim@gmail.com">cmhcjim@gmail.com</a>

**Agency** **In Tune Counseling & Coaching, LLC**

**Speciality** Mood Disorders, Anxiety, and Depressive Disorders

**Type of Therapy** Individual , Couple, and Family

**Cost of Treatment** Most insurances, Vocational Rehabilitation, Optimum Medicaid, Sliding fee scale

**Website** [www.intunecc.com](http://www.intunecc.com)

**Address** 3920 South 1100 East Suite 230  
Millcreek, UT 84124

4231 Porter Ave  
Ogden, UT 84403

Name	Hours	Phone	Email
<b>Kim Palmer,</b> CMHC, NCC	<b>Tuesday – Friday 10 – 6 PM (Millcreek)</b> <b>Monday – 10 – 7 PM (Ogden)</b>	801.875.2259 V 385.347.5124 F 801.656.8993 V (OGDEN)	<a href="mailto:intunecc@gmail.com">intunecc@gmail.com</a>

**Agency** **Life's Solutions Counseling, LLC**

**Speciality** Concussion Recovery, Faith Transitions, Grief and Loss, Rape Trauma Advocacy, Self-Esteem Improvement, Sexual Abuse, Sexual Addiction, Stress Management, Trauma Recovery, and Traumatic Brain Injury (TBI)

**Type of Therapy** Individual, Couple, Family, Group, Presentations

**Cost of Treatment** Accepts many insurances, discounts available for church funding and self-pay. Not currently accepting Medicare, Medicaid, or Cigna

**Website** LifesolutionsCounseling.com

**Address** 309 North State St.  
Orem, UT 84057

Name	Hours	Phone	Email
Aimee L. Francom, CCMHC, NCC	Monday 9 - 5 PM Thursday 9 - 5 PM	801.404.3069 V 801.434.8333 F	lifessolutionscounseling@gmail.com

**Agency** **Pride Counseling**

**Speciality** LGBTQ, Depression, Anxiety, PTSD, Court Order Services including Substance Abuse, Sex Offenders and Domestic Violence

**Type of Therapy** Individual, Couple, Family, Group

**Cost of Treatment** Sliding fee scale, accept most insurance plans, Medicare, Medicaid  
Core fee \$90

**Website** pridecounseling.tv

**Address** 1174 East Graystone Way (2760 South)  
Salt Lake City, UT 84105

Name	Hours	Phone	Email
Jerry Buie, MSW, LCSW	Monday - Friday - 9 - 7 PM By Appointment Only	801.595.0666 V 801.557.9203 TEXT 801.595.0669 F	jerrybuie@mac.com

**Agency**                      **Private Practice**

**Speciality**                      Depression, Anxiety, Personality Disorders, Abuse, PTSD, and Trauma

**Type of Therapy**              Individual, Couple

**Cost of Treatment**            Most insurances accepted

**Website**

**Address**                          262 East 3900 South #125  
Salt Lake City, UT 84115

Name	Hours	Phone	Email
Stacey Francone, LCSW	Call or text to set up an appointment or get more information. Monday - Saturday	801.209.8690 v	staceyfrancone@yahoo.com

**Agency**                      **Sego Lily Center for the Abused Deaf**

**Speciality**                      Anxiety, Depression, Relationship Issues, Women Issues, Social Justice/Anti-Op-pression, Domestic Violence, Dating Violence, Stalking, Sexual Assault, Psychological Abuse(verbal and mental) and PSTD (Post Traumatic Stress Disorder). Therapy through video phone is available to clients in rural areas of Utah.

**Type of Therapy**              Individual, Family, Group

**Cost of Treatment**            \$10 hour

**Population**                      Deaf, Hard of Hearing, Deaf Blind and CODA(Child of Deaf Adults) victims/ survivors of all ages, gender, sexual orientation, race and religion.

**Website**                          www.slcd.org

**Address**                          699 East South Temple Suite 105  
Salt Lake City, UT 84102

Name	Hours	Phone	Email
Stephanie Mathis, ACMHC	Tuesday/Thursday/Friday 9 - 6 PM	801.590.6067 VP	stephanie@slcd.org

**Agency** **South Point Counseling Services**

**Speciality** Trauma and PTSD, Suicide Crisis/ideation, Sexual Offending Behavior, Financial Upset impacts on mental health, Eating Disorders, Identity and Gender Identity Crises, Anxiety, Depression, Child Of Deaf Adult familial disruptions, and navigating deaf child of hearing parent circumstances.

**Type of Therapy** Individual (including children), Couple, Family, Group

**Cost of Treatment** Accept most insurance plans. Call to confirm.

**Duration of Treatment** Treatment is aimed at targeting need and providing relief from symptoms as quickly as possible. Depending upon the treatment modality used, anywhere from 8-15 sessions is standard. For individuals with complex trauma, therapy sessions could last up to a year and a half. Groups are designed to last from 12-14 sessions

**Website** southpointcs.com/

**Address** 1206 S Jordan Pkwy D  
South Jordan, UT 84095

Name	Hours	Phone	Email
<b>Karen Pendleton,</b> MSW STUDENT INTERN	<b>Monday, Wednesday, Thursday</b> <b>1 - 6:30 PM</b>	<b>801.302.3801 v</b>	<b>karen@southpointcs.com</b>

**Agency** **S & S Counseling**

**Speciality** Counseling Services, Mental Health assessment, diagnosis and treatment; Individual , Couple, Marriage, and Family Counseling

**Type of Therapy**

**Cost of Treatment**

**Website**

**Address** 321 N Mall Dr  
St. George, UT 84790

Name	Hours	Phone	Email
<b>Grant Pemberton,</b> CMHC	<b>Monday – Thursday 5:30-8:30</b>	<b>435-862-8612 v</b>	<b>grantopemberton@gmail.com</b>

**Emergency Mental Health Crisis Hotline number : 801.587.3000 v**  
**DEAF CALLERS USE RELAY OR VRS**

# Other Resources

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## Advocacy

**Agency**                      **Division of Services to the Deaf and Hard of Hearing - State -Wide**

**Provides**                      Case Management (CM)

**Cost of Treatment**              Free for all Deaf and Hard of Hearing individuals

**Website**                      deafservices.utah.gov

**Address**                      Sanderson Community Center of the Deaf and Hard of Hearing  
5709 South 1500 West  
Taylorsville, UT 84123

<i>Case Managers</i>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Stephen Persinger</b>	<b>Monday – Friday 8 – 5 PM</b>	<b>801.657.5204VP</b> 801.313.6801 F	<b>spersinger@utah.gov</b>
<b>Laurie Monell</b>	<b>Monday – Friday 8 – 5 PM</b>	<b>801.657.5209 VP</b> 801.313.6801 F	<b>lauriebishop@utah.gov</b>

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**Agency**                      **Division of Services to the Deaf and Hard of Hearing - Southern Utah**

**Provides**                      Case Management (CM)

**Cost of Treatment**              Free for all Deaf and Hard of Hearing individuals

**Website**                      deafservices.utah.gov

**Address**                      ***Southern Utah***  
1067 East Tabernacle, Suite 10  
St. George, UT 84770

	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Diego Acosta</b>	<b>Monday – Friday 8 – 5 PM</b>	<b>435.767.0113 VP</b>	<b>dacosta@utah.gov</b>

## Advocacy *continued*

<b>Agency</b>	<b>Sego Lily Center for the Abused Deaf (SLCAD)</b>
<b>Provides</b>	Counseling Service, Domestic Violence Victim Service, Danger or Risk Assessment
<b>Cost of Treatment</b>	Free
<b>Website</b>	www.slcad.org
<b>Address</b>	Main Office 699 East South Temple Suite 105 Salt Lake City, UT 84102

Various Advocates	Phone	Hours	Email	24 Hour Hotline
Main Office	801.590.4920 VP 801.263.3263F	Monday - Thursday 9 - 4 PM Friday by appointment only	info@slcad.org	801.614.7885 VP 801.997.0452 V/TEXT help@slcad.org
<b>Northern Utah New Hope Crisis Center</b> 435 East 700 South Brigham City, UT 84302	801.590.6078 VP	2nd Monday of month 9 - 4 PM		
<b>Utah Valley University</b> 800 W. University Pkwy Losee Bldg- LC312 (front desk) Orem, UT 84058	801.590.6078 VP	3rd Thursday of month 9 - 4 PM		
<b>Family Justice Center</b> 310 East 300 South Salt Lake City UT 84111	801.590.6473 VP	Monday - Thursday 9 - 5 PM		

### Executive Director

Stephanie Mathis, ACMHC  
Stephanie@slcad.org  
801.590.6067 VP

### Outreach Program Coordinator

Erin Kelly Watkins  
Erin@slcad.org  
801.657.5102 VP

### Victim Advocate/ CM

Juliette Hansen  
juliette@slcad.org  
801.590.6473 VP

## Alcohol & Drug treatment

<b>Agency</b>	<b>Deaf Off Drugs &amp; Alcohol (DODA)</b>
<b>Provides</b>	Daily internet video conferencing national meetings for NA, AA, AI-Anon. Meetings conducted in sign language
<b>Cost of Treatment</b>	Free
<b>Duration of Treatment</b>	Open/As Needed
<b>Website</b>	<a href="http://doda.omnijoin.com">http://doda.omnijoin.com</a>

Name	Hours	Phone	Email
Susan Fraker	Monday - Friday 8:30 - 4:30 varies for AA meetings online	937.641.8173 VP 937.222.7522 F	<a href="mailto:susan.fraker@wright.edu">susan.fraker@wright.edu</a>

## Employment Support

<b>Statewide Address</b>	Sanderson Community Center of the Deaf and Hard of Hearing 5709 South 1500 West Taylorsville, UT 84123
<b>Website</b>	<a href="http://deafservices.utah.gov">deafservices.utah.gov</a>

Name	Hours	Phone	Email
Pamela Mower	Monday - Friday - 10 - 6	801.657.5223 VP/V 801.313.6810 F	<a href="mailto:pmower@utah.gov">pmower@utah.gov</a>

### Utah County

<b>Address</b>	Department of Workforce Service 1550 N Freedom Blvd Provo, UT 84604
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Name	Hours	Phone	Email
Paul Ruth	Monday - Friday - 7:30 - 4	801.623.7538 TEXT	<a href="mailto:pruth@utah.gov">pruth@utah.gov</a>

## Employment Support *continued*

### Social Security Benefits Planning/UWIPS (*Utah Work Incentive Planning Services*) Statewide

**Address** Sanderson Community Center of the Deaf and Hard of Hearing  
5709 South 1500 West  
Taylorsville, UT 84123

**Website** [deafservices.utah.gov](http://deafservices.utah.gov)

Name	Hours	Phone	Email
Annette Stewart LCSW	Monday - Friday - 9 - 5	801.657.5226 VP 801.263.4892 V 801.313.6801 F	<a href="mailto:ajstewart@utah.gov">ajstewart@utah.gov</a>

## Hard of Hearing Specialist

### Address

**State - Wide**  
5709 South 1500 West  
Taylorsville, UT 84123

### Southern Utah

1067 East Tabernacle, Suite 10  
St. George, UT 84770

[deafservices.utah.gov](http://deafservices.utah.gov)

Name	Hours	Phone	Email
<b>State-Wide</b> Chelle Wyatt	Monday - Friday - 8 - 4:30	801.266.4536 V 801.231.4047 TEXT 801.263.4865 F	<a href="mailto:chellegeorge@utah.gov">chellegeorge@utah.gov</a>

## Legal

**Address** By appointment only

Name	Hours	Phone	Email
Dale Boam JD, ESQ	Monday - Friday - 9 - 5	801.815.2547 V/ TEXT 801-734-9207 VP 801.278.3363 F	<a href="mailto:dboam@comcast.net">dboam@comcast.net</a>

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## Legal *continued*

<b>Address</b>	By appointment only		
<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
Jared Allebest JD, ESQ	Monday - Friday - 9 - 5	949.322.3991 V/ TEXT 801.204.9055 VP	jared@allebest.com

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## Outreach

<b>Address</b>	Sanderson Community Center of the Deaf and Hard of Hearing 5709 South 1500 West Taylorsville, UT 84123		
<b>Website</b>	deafservices.utah.gov		
<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
Mitch Moyers	Monday - Thursday - 9 - 5	801.573.7676 V 801.657.5217 VP 801.263.4865 F	mmoyers@utah.gov

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## Psychologists

<b>UTAH</b>	<b>Non-Signing - Consults with Dustin Bassett (see pg. 1)</b>		
<b>Provides</b>	Psychological evaluations and testing		
<b>Cost of Treatment</b>	Vocational Rehabilitation and other insurances		
<b>Address</b>	1453 N. 1200 West Orem, UT 84053		
<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
Dr. John D. Livingstone, Ph.D	Monday - Friday - 9 - 5	801.691.9590 V	livingstonepsa@gmail.com

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# Vocational Rehabilitation

**Salt Lake County**

**Address**                      DSDHH                                      Valley West VR  
 5709 South 1500 West                      5522 South 3200 West  
 Taylorsville, UT 84123                      Taylorsville, UT 84129

<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Kelly Boehmer</b>	Tuesday - 7 - 3:30 (DSDHH) M/W/TH/F - 7 - 3:30 (Valley West)	801.503.9605 VP 801.840.0910 F	<b>kboehmer@utah.gov</b>

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**Northern Utah**

**Address**                      950 East 25th Street # 200  
 Ogden, UT 84401

<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Jenny Ramirez</b>	Monday - Friday - 8 - 5	801.513.3991 VP 801.393.4373 F	<b>jramirez@utah.gov</b>

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**Salt Lake County**

**Address**                      926 West Baxter Dr.  
 South Jordan, Utah 84095

<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Victoria Smeltzer</b>	Monday - Friday - 7- 3:30	801.657.5221 VP 801.446.2560 APPT 801.446.2561 F	<b>vsmeltzer@utah.gov</b>

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**Southern Utah**

**Address**                      965 East 700 South #202  
 St. George, Utah 84790

<b>Name</b>	<b>Hours</b>	<b>Phone</b>	<b>Email</b>
<b>Grant Pemberton</b>	by appointment only	435-216-9306 VP 435-673-5091 V	<b>gpemberton@utah.gov</b>

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